

Go to the emergency room...?
Wait and see...?

Get answers now!



Highland Wellness Center
1411 E. 31st St
Oakland CA 94602
(510) 437-4800

Eastmont Wellness Center
6955 Foothill Blvd
Suite 200
Oakland CA 94605
(510) 567-5700

Hayward | Winton Wellness
24100 Amador St
Suite 250
Hayward CA 94544
(510) 266-1700

Newark Wellness
6066 Civic Terrace Ave
Newark CA 94560
(510) 505-1600

The **Nurse Advice Line** gives you after hours access to medical information and advice. Now you can call **1-855-602-8148** after 5 pm or on weekends.

The **Nurse Advice Line** provides:

- Registered nurses who can answer questions, provide self-care advice and help you decide if you need to be seen right away.
- Help with chronic conditions such as diabetes or asthma.
- Help you get to the right place if you have an urgent medical need.

*Weekdays from 5 pm to 8 am and 24 hours on weekends
After hours care for patients and families of Alameda Health System*

It's like having our team of caring professionals available all the time!